



## PROJECT PROGRESS REPORT

<b>Name of Organisation</b>	CHILD NEPAL (CN)
<b>Project Name</b>	CHILD DEVELOPMENT CENTER (CDC)
<b>Location of the Project</b>	DUWACHAUR-2, THULOCHAUR, SINDHUPALCHOK
<b>Project Start and End Date</b>	1 <sup>st</sup> July – 31 <sup>st</sup> December 2009
<b>Period Covered by this Report</b>	Six months
<b>Name &amp; position of person completing report</b>	MOHAN DANGAL Coordinator Publication and Information
<b>CWS Gatekeeper</b>	JAYNE HARTHAN

### List of Acronyms

ACRONYM	FULL FORM
CN	Child Nepal
CDC	Child Development Centre
DDCC	Duwachaur Development Coordination Committee
CBO	Community Based Organizations
CZOP	Children as the Zone of Peace
HRTMCC	Human Rights Treaty Monitoring Coordination Committee
VDC	Village Development Committee
DEO	District Education Office
ECD	Early Childhood Development
DHO	District Health Office
NGO	Non Government Organization
CRC	Convention on the Rights of the Child
MEV	Model Educational Village
DCHC	Day Care Health Centre

# 1. PROJECT INFORMATION

## 1.1 Project Outline

<b>PROJECT GOAL</b>	Create a child friendly environment for early childhood development to deprived children with relevant education and health services ensuring children's rights.
<b>OBJECTIVE(S) and INDICATOR</b>	<ul style="list-style-type: none"> <li>• To run CDC by facilitating the process of community ownership building</li> <li>• To enhance opportunity to targeted children, age ranges 3-5 years to learn and develop their creative potentials in early stage.</li> <li>• To establish system of general health and primary care to the early children in local level.</li> </ul>
<b>PLANNED OUTPUTS and INDICATORS</b>	<p><b>Increase the number of new children enrolment</b></p> <ul style="list-style-type: none"> <li>• 35 new children enrolled in the CDC.</li> </ul> <p><b>Create conducive CDC outer/classroom environment for personality development and learning</b></p> <ul style="list-style-type: none"> <li>• Educational/Learning/Recreational materials like dolls, ball/bats, learning charts, toys, rubber animal, rubber fruits/vegetables, and puzzles managed in the CDC</li> <li>• Local learning materials preparation and orientation to the CDC facilitators by the program gatekeeper from CWSUK.</li> <li>• Bamboo fencing done in the compound/playground of the CDC.</li> </ul> <p><b>Develop facilitation skills and techniques among the CDC facilitators</b></p> <ul style="list-style-type: none"> <li>• Three refresher trainings organized by the ECD expert and CWS Gatekeeper on facilitation skills among CDC children.</li> </ul> <p><b>Enhance regular health service</b></p> <ul style="list-style-type: none"> <li>• Medicines delivered to the CDC</li> <li>• 95 CDC children receiving general and primary health care and service in daily basis</li> </ul> <p><b>Facilitate community for ownership build up towards CDC.</b></p> <ul style="list-style-type: none"> <li>• A CDC management training organized</li> <li>• CDC fund made strong and systematized</li> <li>• An orientation program organized for CDC guardian</li> <li>• Five monthly meetings of CDC Management Committee conducted</li> </ul>
<b>KEY ACTIVITIES</b>	<ul style="list-style-type: none"> <li>• Organize CDC enrolment campaign</li> <li>• Distribute dress to CDC children</li> <li>• CDC children admission</li> <li>• Raise admission and monthly fees</li> <li>• Conduct monthly meetings of CDC management committee</li> <li>• Mobilize parents for preparing snacks for CDC children</li> <li>• Conduct periodical review and planning meetings with facilitators and parents</li> </ul> <ul style="list-style-type: none"> <li>• Conduct four refresher trainings for CDC facilitators</li> <li>• Conduct a CDC Management Training</li> <li>• Provide and produce Educational/Learning/Recreational materials using locally available no cost or low cost resources</li> </ul>

	<ul style="list-style-type: none"> <li>• Support for child friendly class room setting</li> <li>• Organize monthly competition and talent show programmes</li>   <li>• Conduct regular meetings with assistant health worker</li> <li>• Provide medicinal support</li> <li>• Provide regular general and primary health services to CDC and out of CDC children.</li> </ul>
<b>BENEFICIARIES</b>	<ul style="list-style-type: none"> <li>• 95 Children of age group 3-5 years of the wards 1, 2, 3 and 4 enrol in the CDC; among them 42 boys and 53 girls. 35 children newly enrolled.</li> <li>• Beneficiaries of health services are CDC children and other local children</li> <li>• Secondary target people are the teachers of local schools, parents and other community people</li> </ul>

## 2. SUMMARY OF PROJECT PROGRESS

This six monthly progress report summarizes major activities and achievements of the CDC program launched at Duwachaur VDC of Sindhupalchok district within the period of 1<sup>st</sup> July to 31<sup>st</sup> December 2009. The project is funded by Child Welfare Scheme (CWS) UK coordinating with Child Nepal (CN). This project has the primary objective to create a child friendly environment for early childhood development to deprived children with relevant education and health services ensuring children's rights. It is targeted to the marginalized and disadvantaged children of the VDC comprising wards 1, 2, 3 and 4. Within this six months period 95 children (42 boys and 53 girls) are directly benefited representing Tamangs (50), Newars (6), Brahmin/Giri/Cheetri (27) and dalits (12) communities of the VDC.

Analyzing and observing this major activities and achievements within this six months period, there has been very less significant and visible achievements attained. However, the massive enrolment campaign for CDC has been effective. Community and parents gatherings were fruitful in this regard. Moreover, the major concentration during this six months period was for CDC environment setting and creating a learning environment. Bamboo fencing in the CDC playground was accomplished which has created a secured environment and has ceased the unnecessary interventions during facilitation from the visitors. Further, educational/learning/recreational materials like dolls, bat, balls, learning charts, toys, and puzzles are supplied in the CDC. It has made facilitators to facilitate the classes easily. In addition, four refresher trainings were organized among the facilitators by CN ECD expert Mrs. Safala Rajbhandari, Ms. Kopila Kharel (on behalf of Safala Rajbhandari) and CWS gatekeeper to CN, Ms. Jayne Harthen. It was fruitful enough to share the existing challenges and mitigating strategies. Also, they had an observation of the overall development of children and sharing skills in preparing local learning tools.

The CDC has been delivering regular health services to the CDC children and out of CDC children. Medicines healing headache, stomach-ache, and other general diseases including first aid have been delivered to the CDC. The assistant health worker of the local health post Mr. Umakanta Jha daily visits the CDC for health check up. CN and CDC Management committee had regular meetings with him for better health service to the children.

The main challenge of the CDC is concerned with its sustainability. Certain interventions have been done in this regard as well. Community gatherings and parents gathering have been organized for commitment collection. Mothers visit the CDC for preparing snacks in weekly basis however it has not been regular. The CDC fund has been made strong collecting the monthly fee regularly and other endeavours for resource hunting are continuing. Training to CDC Management committee members was conducted in strengthening the management skills and run the CDC efficiently. Monthly meetings of the CDC Management Committee were organized and there was the regular and active participation of the members.

### 3. PROGRESS DURING THIS PERIOD

#### 3.1 Planned Progress vs. Achieved Progress

<p><b>OUTPUT 1:</b> Increased number of CDC children</p> <p><b>INDICATORS:</b> 35 new children enrolled in the CDC</p>	
Planned for this period	<ul style="list-style-type: none"> <li>Organize CDC enrolment campaign</li> <li>Distribute dress to CDC children</li> <li>CDC children admission</li> <li>Parents meeting and community gathering</li> </ul>
Achieved during this period	<p><b>A community gathering accomplished</b> The community gathering was organized to share information about new enrolment in the CDC. The gathering included parents, teachers, children, facilitators and CN representatives. Commitment collection was also done regarding new enrolment in the CDC for the new academic session.</p> <p><b>A parents gathering and planning meeting accomplished</b> The parents gathering dealt with new admission and dress distribution to the CDC children. 35 new enrolments were done for this academic session. The parents committed for regular attendance of children in the CDC. It was followed by a planning meeting among CDC facilitators, CDC Management committee and CN representatives.</p>
Planned for next period	<ul style="list-style-type: none"> <li>Bamboo fencing in the CDC playground</li> <li>Learning materials management for CDC children</li> </ul>
<p><b>OUTPUT 2:</b> Created conducive environment for personality development and learning among children</p> <p><b>INDICATORS:</b></p> <ul style="list-style-type: none"> <li>Fencing in the playground</li> <li>Education/Learning/Recreational materials at CDC</li> <li>Learning materials prepared from locally available goods</li> </ul>	
Planned for this period	<ul style="list-style-type: none"> <li>Bamboo fencing in the CDC playground</li> <li>Supply the advanced education/learning/recreational materials in the CDC</li> <li>Mobilize parents for preparing snacks for CDC children</li> <li>Conduct periodical review and planning meetings with facilitators and parents</li> <li>Observe improvement status of children of the CDC</li> </ul>
Achieved during this period	<p><b>Bamboo fencing in CDC playground accomplished</b> Bamboo fencing in the CDC playground was done with the initiation of CDC Management committee members. It has created a secured and protective environment from sudden accidents. In addition, it has assisted in unnecessary arrival of visitors and disturbance in classroom.</p> <p><b>Education/Learning/Recreational materials managed in the CDC</b> Educational/Learning/Recreational materials like dolls, ball/bats, learning charts, toys, rubber animals, rubber fruits/vegetable, and puzzles were supplied in the CDC. These materials were fruitful enough for CDC children to</p>

	<p>learn including mental and physical development. They have been the matter for refreshment to the children and learning tools. In addition, these materials have made facilitators easy in facilitating the class. Ultimately, such materials have created a learning and educational environment in CDC classrooms. In addition, the facilitators prepared the learning tolls from locally available materials in presence of CWS gatekeeper Ms. Jayne Harthen who facilitated the CDC facilitators in this process. Additionally, she had the observation and analysis regarding the improvement status of the children of Kinder Garden, Nursery and Upper Kinder Garden. Further, it assisted in child friendly environment setting in the classes.</p> <p><b>Mother preparing snacks for the CDC Children</b></p> <p>This initiation of mothers has been lessening however; some of the mothers are enthusiastically participating in this service. They visit in the CDC in a weekly basis and prepare snacks for the children.</p>
Planned for next period	<ul style="list-style-type: none"> <li>• Conduct refresher training to CDC facilitators</li> </ul>
<p><b>OUTPUT 3:</b> Developed facilitation skills and techniques among CDC facilitators</p> <p><b>INDICATORS:</b> The facilitators participating in the training</p>	
Planned for this period	<ul style="list-style-type: none"> <li>• Conduct CDC facilitator Refresher Training</li> </ul>
Achieved during this period	<p><b>Three Refresher trainings organized</b></p> <p>The training programs were facilitated by CN ECD Expert Ms. Safala Rajbhandari (on 7<sup>th</sup> July and 10<sup>th</sup> September 2009) focusing on advance teaching and learning tools and techniques along with additional knowledge on ECD. The facilitators shared the problems encountered during period of running CDC and measures to solve the problems; therefore, developed confidence to tackle the problems. In addition, strategies for tackling possible new challenges were also shared. The facilitators gained knowledge on CDC Management skill. They also learnt more skills on classroom management. The expert also shared the concerning topics to deal with when children are upgraded from one level to another. The learning materials like alphabet puzzle, pictorial charts were helpful for children to learn. It also assisted in creating more conducive learning and recreational environment. In addition, she had a field visit in the CDC on 2<sup>nd</sup> October 2009.</p> <p>The next refresher training was organized by Ms. Kopila Kharel on behalf of Mrs. Safala Rajbhandari who had an interaction with CDC facilitators, children and CDC Management Committee members on 3<sup>rd</sup> December 2009. She shared the facilitation skill among the facilitators. Finally, she presented the visit report to CN.</p> <p><b>A refresher training by CWS Gatekeeper</b></p> <p>CWS Gatekeeper to CN, Ms. Jayne Harthen visited the CDC and conducted refresher training among the facilitators. She share the major facilitation skills with them and also had an evaluation of the development trend of the CDC children. She too facilitated in preparing the low and no cost local learning materials. She was accompanied by Mr. Rabindra Das who also facilitated in</p>

	observing the development trend of the CDC children.
Planned for next period	Observation of the health status Organize community gathering
<b>OUTPUT 4:</b> Received general and primary health care services to CDC and out of CDC children regularly <b>INDICATORS:</b> <ul style="list-style-type: none"> <li>• Medicines delivered in the CDC</li> <li>• Regular presence of the children in classroom</li> <li>• Children in good health</li> </ul>	
Planned for this period	<ul style="list-style-type: none"> <li>• Provide medicinal support</li> <li>• Conduct regular meetings with assistant health worker</li> <li>• Provide regular general and primary health services to CDC and out of CDC children.</li> </ul>
Achieved during this period	<p><b>Medicines managed in the CDC</b></p> <p>For the regular health service, medicines were supplied in the CDC. Medicines concerning headache, stomach-ache and other first aid materials were supplied which helped to diagnose the general health problems among CDC children and out of CDC children. The medicines for stomach ache, headache, diarrhoea and are available to the CDC and out of CDC children.</p> <p><b>Conducted regular meeting with assistant health worker</b></p> <p>The regular meeting with Mr. Umakanta Jha, the health worker, dealt with the health situation of CDC children along with health problems of other local children, curative and preventive measures health problems of the children. Meeting also extended to discuss on management aspect of health services and problems faced during performing duty and its mitigation measures. Meeting outputs also shared with parents to make aware about the health situation of their children.</p>
Planned for next period	<ul style="list-style-type: none"> <li>• Organize community gathering</li> </ul>
<b>OUTPUT 5:</b> Enhanced ownership feeling towards CDC <b>INDICATORS:</b> <ul style="list-style-type: none"> <li>• Regular attendance of CDC Management Committee members in the meeting</li> <li>• CDC fund made strong and systematized</li> <li>• An orientation program organized for CDC guardian</li> <li>• Six monthly meetings of CDC Management Committee conducted</li> </ul>	
Planned for this period	<ul style="list-style-type: none"> <li>• Organize a CDC Management Training</li> <li>• Conduct an orientation program to CDC children parents</li> <li>• Conduct monthly meetings of CDC Management Committee</li> <li>• Make CDC fund strong and systematized</li> </ul>
Achieved during this period	<p><b>CDC Management Training accomplished</b></p> <p>One day CDC Management Training was organized among the CDC</p>

	<p>Management committee members. The major issues delivered were on planning of CDC activities and sharing management techniques, tools and skills. It was also realized among CDC Management Committee members that the management sector plays a significant role in sustaining CDC program in the VDC.</p> <p><b>Orientation program accomplished among CDC children parents</b></p> <p>An orientation program was organized among the CDC parents regarding the sustainability of the CDC. It also dealt with the mothers' contribution in CDC for snacks preparation. Though their commitment were positive however little effect is observed in the implementation part.</p> <p><b>Monthly CDC Management Committee meeting completed</b></p> <p>Four monthly meetings of the CDC management committee were completed and there was the active and regular participation of the members. The major discussions were on resource hunting for the sustainability of the CDC program at Duwachuar. In addition, the CDC fund has been made strong by the regular collection of fees, members' contribution and other contributions.</p>
Planned for next period	

<b>3.2 OTHER ACTIVITIES CONDUCTED</b>
N/A

#### 4. BENEFICIARIES

<b>4.1 DESCRIPTION OF BENEFICIARIES REACHED</b>
<p>Within the period of six months the project is able to encompass 35 (13 boys and 22 girls) children as new direct beneficiaries with total 95 children in the CDC. Among them, 42 are boys and 53 are girls of age group 3-5 years. 38 children study in playgroup, 38 in Nursery and 19 study in Upper Kinder Garden covering wards 1, 2, 3 and 4 of the VDC. Among all, 50 are Tamangs, 27 are Giris/Chhetries, 6 Newars and remaining 12 children represent the dalit community. Majority of the children from economically backward families. Children from tamang community and Dalits represent the disadvantaged and marginalized groups and the project has majority of such groups representing in the CDC.</p> <p>The indirect beneficiaries include parents, local school teachers, club members and mothers group representatives who participated in the programmes organized by CN in the local level. Its number exceeds more than 600. Parents benefit by their regular participation in gatherings and orientations. Similarly, school teachers benefit from the refresher trainings and other trainings organized by the project. Club members and mother groups benefit through gatherings, meetings and orientations. Apart, the out of CDC children benefit from the regular health service from the CDC.</p>

#### 4.2 INFORMATION ON BENEFICIARIES LEAVING THE PROJECT (if relevant)

Deepa Shrestha, one of the facilitators of the CDC, left the project due to insufficient fund. However, the skill and training she gained from the project is fruitful enough for her and she is practically implementing in one of the schools of the VDC.

### 5. OTHER INFORMATION

#### 5.1 PARTICIPATION AND EMPOWERMENT

The major beneficiaries and stakeholders of the CDC project are the children, parents, facilitators and CDC Management Committee. The project activities are focused in the participation and empowerment of the beneficiaries and empowerment through following strategies:

##### Concerned with parents, facilitators and CDC Management Committee

1. Participation in Community gatherings
2. Participation in the district and VDC level interactions and meetings
3. Participation in community visits, family visits and counselling
4. Regular interaction with the local level youth and child clubs

##### Concerned with children

1. Participation in competitions like dancing, singing etc among CDC children

It has been effective for the participation and empowerment of the beneficiaries in decision making. They shared their opinion among all about the CDC activities. In addition, its effective in running the program activities more efficiently.

#### 5.2 PARTNERSHIP AND NETWORKING

- Children as the Zone of Peace (CZOP)
- CONSORTIUM
- Human Rights Treaty Monitoring Coordination Committee (HRTMCC)

#### 5.3 ADVOCACY: Influencing Public Opinion and Decision-Makers

Community gathering for ownership boost up towards CDC. The wider mass are positive however it's still challenging for the CDC to run the programmes efficiently.

#### 5.4 CHALLENGES AND RESPONSES

##### Challenges

- Sense of Ownership feeling by the community towards the CDC Project for sustainability
- Difficulty in running the CDC under cooperative model

##### Responses

- Regular interaction with the key stakeholders, CDC Management Committee and DDCC

#### 5.5 IMPROVING THE PROJECT

Coordination meeting with community, CDC management committee and district stakeholders

#### 5.6 SUSTAINABILITY

- CDC fund for daily running of the CDC
- Coordination with VDC to collect government budget
- CDC Mothers' Cooperative

## 5.7 SUPPORT FROM CWS

- Financial support to run the CDC
- Technical support in documentation, report writing, financial report preparation and organizational development
- Regular financial support for running CDC
- Special trainings for facilitators
- Exposure visits for CDC Management Committee members and facilitators

## 5.8 BENEFICIARIES EXPERIENCES

### A case study

Buddhi Tamang is 55 years old. His wife died in an accident and he has been living with his son and daughter-in-law along with 3 years old grand-daughter Manamaya.

He is alone from last seven months since his son and daughter-in-law both left for Dubai in search of better earning. Old Buddi has to look after all the scenario- domestic works, cooking, agriculture, foddors for cattle and Manamaya, her grand-daughter as well.

Taking care of Manamay had been a great challenge for Buddhi more than his agriculture and other domestic works. He couldn't manage himself to hover around her all the time and spend his whole day in caring her. Moreover, he need to earn for his living carrying goods from Melamchi Bazzar to Duwachaur and other neighbouring VDCs. Manamaya has almost been a burden for him. It was very difficult for Buddhi.

Buddhi had heard about the Jugal CDC at Thulochaur from Bimala, one of the facilitators. Then he visited the CDC and got information about the services. He admitted Manamaya in the CDC from this academic session. Now, in the morning he leaves Manamaya in the CDC that lies on his way to Melamchi Bazzar and works throughout the day for little earning and goes to the house with her in the evening.

He is very happy with the services provided by the CDC and is hopeful towards the bright future of her grand-daughter.

## 5.9 ANY OTHER INFORMATION

N/A